



There will be wave starts and a rolling start procedure in the swim to reduce congestion amongst swimmers and to minimise congestion on the bike course. All participants will be asked to know their start wave and time and make their way to the swim start compound on the beach.

ENTICER EVENT START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	FEMALES 12-19	10:10	PURPLE
2	FEMALES 20+	10:11	GREEN
3	ALL ENTICER TEAMS	10:12	WHITE
4	ALL MALES	10:15	BLUE

SPRINT EVENT START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
5	MALES 14 – 19 YEARS	11:20	PURPLE
6	MALES 20 – 39 YEARS	11:24	GREEN
7	MALES 40+	11:28	BLUE
8	ALL SPRINT TEAMS	11:32	WHITE
9	FEMALES 35+	11:30	PURPLE
10	FEMALES 14-19	11:34	GREEN
11	FEMALES 20-34	11:36	BLUE
12	ID CATEGORY	11:37	WHITE

***TIMES ARE CURRENT AS AT 15 APRIL 2023 AND ARE SUBJECT TO CHANGE.**