



ATHLETE INFORMATION GUIDE 2022



FEEL THAT
BUSSELTON
BUZZ

29 APRIL
– 1 MAY
2022



[BUSSELTONFESTIVALOFTRIATHLON.COM.AU](https://busseLTONFESTIVALOFTRIATHLON.COM.AU)

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WELCOME TO WESTERN AUSTRALIA

HON ROGER COOK MLA, DEPUTY PREMIER; MINISTER FOR TOURISM
AND

HON ALANNAH MACTIERNAN MLC, MINISTER FOR REGIONAL DEVELOPMENT

The McGowan Government is a proud sponsor of Busselton Festival of Triathlon through its Regional Events Program.

The program was devised as a way for the Government to support medium to large events in regional Western Australia to boost tourism, increase community vibrancy and participation, and develop regional areas.

The Regional Events Program also plays an important role in positioning Western Australia as an exciting destination to visit and a great place to live by showcasing and promoting a region's unique and diverse attractions.

Tourism is a key part of the Government's plan to diversify the economy, create jobs and develop business opportunities particularly to help regional economies and communities in Western Australia.

Events play an important role in this plan, with the Government sponsoring a range of sporting, cultural, arts and culinary events across the State, through Tourism Western Australia, to attract visitors, encourage them to stay longer, disperse further and do more while they are here.

We hope everyone enjoys this event and takes the time to explore the South West region.

HON ROGER COOK MLA
DEPUTY PREMIER
MINISTER FOR TOURISM



HON ALANNAH MACTIERNAN MLC
MINISTER FOR
REGIONAL DEVELOPMENT





WELCOME NOTE

On behalf of Triathlon WA (TWA) we are pleased to once again be hosting the SunSmart Busselton Festival of Triathlon. This year will see the 21st edition of the festival along with the inaugural SunSmart Busselton 100. We are excited to present this new brand and event distances, while maintaining the legacy and history of the State Long Course Championships.

The festival will also see the inclusion of the Busselton Foreshore Triathlon, a sold-out event in it's first year, the ever-popular SunSmart Kids Triathlon, and the return of the Busselton Fun Run. These events together provide opportunities for the triathlon community and the wider Southwest Community to take part in. We thank everyone who has chosen to be part of the festival in 2022, whether it is as a competitor, spectator, volunteer, sponsor or exhibitor. We want everyone to embrace the spirit of the event and create fantastic, extraordinary experiences.

We look forward to celebrating your achievements over the weekend of fun filled racing.

ASHLEIGH APPS
EXECUTIVE DIRECTOR, TWA





BUSSELTON FESTIVAL OF TRIATHLON

A MESSAGE FROM OUR TITLED SPONSOR



Healthway, through SunSmart, proudly supports Triathlon Western Australia's 2022 Busselton Festival of Triathlon.

We have been working with Triathlon WA to ensure this regional event remains sun safe, as spending long periods outdoors during peak UV times can put people at risk of skin damage.

This event provides a great opportunity for everyone, including children, to lead healthy active lifestyles, enjoy the healthy food and drinks on offer and learn about spending time safely outdoors.

Triathlon WA plays a valuable role in creating healthy and sun safe environments amongst triathlon clubs across the state, and we look forward to working with them this year to create more activities and events that support good health now and into the future.

If you are competing, watching, or volunteering at this year's SunSmart Busselton Festival of Triathlon remember to follow the Cancer Council WA's recommendations to Slip, Slop, Slap, Seek and Slide. You can find more information by visiting the Cancer Council WA website at www.myuv.com.au.

Good luck to everyone participating in this iconic event!

JULIA KNAPTON
Executive Director
Healthway



WANDER OUT YONDER

WESTERN AUSTRALIA

MARGARET RIVER REGION

Adventure through Australia's most premium fine wine region, tall-timber forests, stunning beaches, friendly towns and ancient caves.

Top Adventures

- Visit the Busselton Jetty to scuba dive or explore the Underwater Observatory.
- Spot migrating whales on a charter from Busselton, Augusta or Dunsborough.
- Sip your way through Australia's most premium fine wine region.
- Head underground and tour the magical limestone cave systems - Jewel, Lake, Mammoth and Ngilgi.
- See wild stingrays and eagle rays as they feed and frolic in Hamelin Bay.
- Snap a picturesque sunset photo at Sugarloaf Rock, located in the Leeuwin-Naturaliste National Park.
- Hunt through Cowaramup and spot the 42 life-size Friesian fibreglass cows that dot the town.
- Hike some or all of the legendary 135km Cape to Cape Track.
- Take the 18-kilometre stroll or train ride on the longest timber-piled jetty in the Southern Hemisphere.
- Climb Cape Leeuwin Lighthouse, Australia's tallest mainland lighthouse.

Follow us at @WesternAustralia
#wanderoutyonder



WESTERN
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WELCOME TO BUSSELTON

The City of Busselton is once again proud to support and host the 2022 SunSmart Busselton Festival of Triathlon, which is one of Busselton's major triathlon events. On behalf of the Council, I welcome all visitors and competitors. We always look forward to the excitement as the City comes alive with the spectacular backdrop of the Busselton foreshore to start and finish the race. The City CBD is also open for business and ready to welcome you, with many great dining and shopping experiences for all.

Please make the most of your visit to the South West in 2022, the region is a living and breathing embodiment of ancient geography, natural beauty, abundance of space, fine wine and fresh coastal air makes a holiday in Busselton the remedy to modern life.

The region is home to a thriving natural environment which includes the Leeuwin-Naturaliste National Park, the last remaining Tuart forest in the world, and the turquoise waters of Geographe Bay with its pristine sheltered beaches. Over 35,000 whales migrate past the coastline during spring each year.

I would like to congratulate the event organisers on their professionalism – in another challenging year - and extend my sincere appreciation to the sporting community for supporting this wonderful WA based event.

To the triathletes, I hope you enjoy the course, which is celebrated for being flat, fast, and fabulously picturesque. To the spectators, thanks for bringing your excitement and passion to this event. We hope to see you back here again in 2023 – if not before! We wish you all a memorable visit here in the City of Busselton and a fabulous race day. Best of luck to all.

Mayor Grant Henley
City of Busselton





Events Capital WA

The City of Busselton welcomes participants in the 2022 SunSmart Busselton Festival of Triathlon!

Nestled in the tranquil waters of Geographe Bay, Busselton and Dunsborough town sites offer amazing coastal views and just down the road, Yallingup boasts internationally acclaimed surf breaks.

It's fantastic to see so many keen competitors here for another year of action packed adventure in one of the most beautiful and pristine parts of the world.

It truly is where adventure meets nature.



www.busselton.wa.gov.au





BUSSELTON CONTACT DETAILS

POLICE

20 Stanley St
Busselton WA 6280
(08) 9754 9555

MEDICAL CENTRES

Busselton Medical Practice
20 Albert St Busselton WA
(08) 9752 1133

Duchess Medical Practice
69 Duchess St Busselton WA
(08) 9752 4122

BUSSELTON HEALTH CAMPUS

Mill Road
West Busselton WA 6280
(08) 9753 6000

TOURIST INFORMATION

Busselton Visitors Centre
Busselton Foreshore, 17 Foreshore Parade
Busselton WA 6280
(08) 9780 5911

Busselton Taxi Service
131 008

EVENT MANAGEMENT CONTINGENCY INFORMATION

Triathlon WA Inc. will ensure the provision of maximum duty of care to all participants, volunteers and spectators for the 2022 SunSmart Busselton Festival of Triathlon. A comprehensive Risk Management Plan will be in place for the full duration of the event. The safety of all who attend our event is our highest priority. The SunSmart Busselton Festival of Triathlon Race Contingency Committee shall be responsible for determining the plan of action should there be unexpected circumstances, weather conditions or racecourse situations that may pose a risk of harm or injury to participants, volunteers, staff and spectators.

If changes to the event are required all competitors and volunteers will be notified in advance, where possible.

2022 CONTINGENCY COMMITTEE

Ashleigh Apps, Executive Director, Triathlon WA
Rebecca Bury, Commercial Operations Manager, TWA
Bill Hayes, Race Director, EventMatrix
Megan Grygorcewicz, Event Manager, EventMatrix
Peta Tuck, Events Coordinator, City of Busselton

Luke Jameson, Department of Fisheries
Shaun Caruana, Busselton SLSC
John Jansen, Technical Delegate, TA
David Schutz, Head Referee
TBC, WA Police, Busselton

EVENT CONTACT



Triathlon WA
203 Underwood Ave
Floreat, WA 6014

Event Day Emergency: 0456 405 399
Website: busseltonfestivaloftriathlon.com.au

Email: events@wa.triathlon.org.au
TWA Tel: 08 9443 9778

Triathlon WA will be on site in Busselton from Wednesday 27 April, contactable by phone only until Friday 29 April. From Friday 29 April please proceed to the Athlete Services Counter, located in The Pavilion, Barnard Park, Busselton to speak with Triathlon WA and Event Staff.



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EVENT SCHEDULE

THURSDAY 21ST APRIL 2022

8am – 7pm	Registration Pre-Pack Pick-up (all events)	203 Underwood Ave, Floreat, 6014
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THURSDAY 28TH APRIL 2022

2pm – 5pm	Registration Open (all events)	Barnard Park Pavilion
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FRIDAY 29TH APRIL 2022

10am - 7pm	Registration Open (all events)	Barnard Park Pavilion
10am - 7pm	Transition Open for Bike Racking	Barnard Park
10am - 7pm	Health & Lifestyle Expo	Barnard Park
10am - 7pm	Triathlon WA Merchandise Store	Barnard Park
12pm - 1pm 4pm - 5pm	Technical Official Hot Desk	Barnard Park Pavilion
2:30pm	Transition Tour	Barnard Park
3:30pm - 4:30pm	Chat with the Pros	Barnard Park
4:45pm	Busselton Fun Run Registrations Close	Barnard Park Pavilion
5pm	 Busselton Fun Run 	Barnard Park

SATURDAY 30TH APRIL 2022

5:30am - 7am	Transition Open for all individual and team athletes	Barnard Park
7:30am - 4pm	 SunSmart  Busselton 100 (inclusive of Teams & Aquabike)	Barnard Park
7:30am - 4pm	Health & Lifestyle Expo	Barnard Park
11:30am, 12pm, 12:45pm, 1:15pm, 2:15pm	Awards Ceremony	Finish Line, Barnard Park
10:30am - 4pm	Aero Bar	Barnard Park

SUNDAY 1ST MAY 2022

6am - 9:30am	Registration Open (all events)	Barnard Park Pavilion
6am - 11:30am	Health & Lifestyle Expo	Barnard Park
6am - 7am	Transition open for Sprint	Barnard Park
6am - 8am	Transition open for Enticer	Barnard Park
6am - 9:30am	Transition open for Kids	Barnard Park
7:30am - 9:45am	 Busselton Foreshore Sprint 	Barnard Park
8:50am - 10:15am	Busselton Foreshore Enticer	Barnard Park
9:50am - 11am	 SunSmart Kids Triathlon 	Barnard Park
11am - 12:15pm	TWA Junior Invitational Mixed Relay	Barnard Park

*Subject to change

UV
INDEX

3

When UV is 3 or above Be SunSmart

Visit myUV.com.au
for your UV forecast.

Remember to:



Slip
on sun
protective
clothing



Slop
on SPF 30
sunscreen
or higher



Slap
on a broad-
brimmed or
bucket hat



Seek
shade



Slide
on some
wrap-around
sunglasses



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and skin cancer.

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the UV Index.

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healthway

RACE WEEK ACTIVITIES

HEALTH AND LIFESTYLE RETAIL EXPO, INCLUDING EVENT MERCHANDISE STORE

Where: Barnard Park, Busselton

When: 10am – 7pm Friday 29 April 2022

7am – 4pm Saturday 30 April 2022

6am – 11:30am Sunday 1 May 2022

Details: Come along and enjoy all the new triathlon, running, cycling and swimming gear on offer this season, we also have nutrition exhibitors as well as food stalls. Be sure to visit the Official Event Merchandise marquee in the Expo Village to pick up your official Busselton 100 merch– don't delay as it all sells out fast!

TECHNICAL OFFICIAL HOT DESK

Where: The Pavilion, Barnard Park, Busselton

When: Friday 29 April 12pm-1pm & 4pm-5pm

Details: If you have a query about the rules of the event or want to check if you can use certain equipment, like particular styles of wetsuits and helmets, this is an opportunity to chat with the Technical Official before the event. The desk will be located inside The Pavilion next to the Info Desk. Please note that there will be no in-person race briefing so this is your opportunity to clarify the rules.



RACE WEEK ACTIVITIES

CHAT WITH THE PROS

Where: Aero Bar, Barnard Park, Busselton

When: 3:30pm - 4:30pm Friday 29 April 2022

Details: Catch the Pro Athletes in a friendly Q & A session amidst the first Busselton 100 race!



KEEP ON RUNNING FUN RUN

Where: Barnard Park, Busselton

Cost: Various, [Register Here](#)

When: 5pm Friday 29 April 2022

Details: A family fun race including a 500m dash, a Magic Mile and 5km fun run. Prize for the best fancy dressed participant!

SUNSMART BUSSELTON 100 TRIATHLON INCLUDING AQUABIKE

Where: Barnard Park, Busselton

When: 7:30am – 4:00pm Saturday 30 April 2022

Details: The main event of the weekend, the inaugural SunSmart Busselton 100 Triathlon makes its debut on Saturday 30 April 2022. Starting at the foot of Busselton Jetty, athletes begin with a 2km swim. Transition is located in Barnard Park, east of Busselton Jetty where athletes change between swim, cycle and run legs of the course. The bike course entails an 80km ride throughout Tuart Forest followed by an 18km run along the beautiful Busselton Foreshore. The first swim wave takes off at 7:30am followed with various waves intermittently within the hour. Open Athletes anticipated to cross the finish line from 10:50am.

AERO BAR

Where: Barnard Park, Busselton

When: 10:30am - 4pm

Details: Quench your thirst at the Finish Line whilst watching the athletes complete their first ever Busselton 100! Over 18's only; Proof of vaccination is required for licensed areas.





RACE WEEK ACTIVITIES

SUNSMART BUSSELTON FESTIVAL EVENTS ATHLETE REGISTRATION

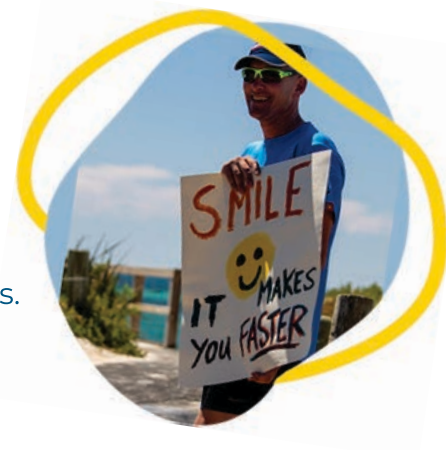
Where: The Pavilion, Barnard Park, Busselton

When: 2pm – 5pm Thursday 28 April 2022

10am – 7pm Friday 29 April 2022

6am - 9:30am Sunday 1 May 2022

Details: All participants complete check-in and pick up race packs.



BUSSELTON FORESHORE TRIATHLON

Cost: SOLD OUT

Where: Barnard Park, Busselton

Race Time: Sprint - 7:30am – 9:45am Sunday 1 May 2022

Enticer - 8:50am - 10:15am Sunday 1 May 2022

New to the Festival this year, the sold out Busselton Foreshore has sure been a very popular race! As part of the Triathlon WA Foreshore Series, participants will compete in the Enticer Distance, 200m Swim, 8km Bike, 2km Swim or Sprint Distance, 750m Swim, 16km Bike, 4km Run. This is perfect for those looking to dip their toes into the world of triathlon. There will be lots of fun. All participants taking part in the Busselton Foreshore must check in at the registration tables and put bikes in transition.

Ages 12yrs+

SUNSMART KIDS TRIATHLON

Cost: Various, [Register Here](#)

Where: Barnard Park, Busselton

Race Time: 9:50am – 11am Sunday 1 May 2022

All participants taking part in the SunSmart Kids Triathlon must check in at the registration tables and put bikes in transition. This forms part of the triathlon calendar for many of the local and visiting children and it gives them the opportunity to compete on parts of the same course as the stars and/or mum and dad.

Ages 7 – 15yrs

TWA JUNIOR INVITATIONAL RELAY

Cost: By invitation only

Where: Barnard Park, Busselton

Race Time: 11am – 12:15pm Sunday 1 May 2022

Come and watch the future elites of the sport take on a fast and action-packed relay racing along Busselton Foreshore.





TRIATHLON
WESTERN AUSTRALIA



FIND YOUR TRiBe

BECOME A MEMBER TODAY!

[Click here](#) to join one of the 23 clubs in WA and be part of a like-minded community all year round. Multiple membership options are available to suit your triathlon journey.

PRE-RACE INFORMATION

ATHLETE REGISTRATION

All participants must register in person.

You can either do this at:

203 Underwood Ave, Floreat, 6014

- Thursday 21st April 2022 between 8am and 7pm

or The Pavilion, Barnard Park, Busselton:

- Thursday 28th April 2022 between 2pm and 5pm
- Friday 29th April 2022 between 10am and 7pm
- Sunday 1st May 2022 between 6:00am - 9:30am

Please Note: You cannot register outside of these advertised times and you must do this in person.

The nominated team captain is permitted to complete registration on behalf of the team. Please arrange this with your team mates and ensure your team completes check-in during the allocated times below.

Under the Level 1 Health Measures, masks will be required to be worn indoors at all times and whilst in close proximity spaces. A 2 square metre distancing rule will be in place. Please give yourself time for travel to accommodate for this during registration and check-in.

If you have developed a medical condition since you registered to enter the Busselton Foreshore, then please notify the Triathlon WA team on events@wa.triathlon.org.au and, where appropriate, provide a medical certificate.



REGISTRATION PROCESS:

1. *Present photo ID and e-ticket to Register:*

Upon presentation of your photo ID and e-ticket at the registration desk, you will be given your race pack which will contain all requirements for the race. It will include the following items:

- **RACE NUMBER.** It is mandatory for all participants, whether competing as an individual or in a team, to wear the race number on the back during the biker & front during the Run. Participants are advised to purchase a race number belt prior to the event. Safety pins will be supplied at Registration for those participants without a race belt.
- **SWIM CAP.** You will be provided with a coloured swim cap that corresponds to your wave number. It is compulsory to wear the cap provided at the start and during the swim.



PRE-RACE INFORMATION

- **ELECTRONIC TIMING CHIP.** Your timing chip is an important piece of equipment used to precisely measure your race results. You must activate this chip and ensure the correct name is displayed before leaving registration. On race day this is to be worn on your left ankle, facing out. Do not lose or forget your timing band on race day - you will not be allowed into transition without these. Limited replacement chips and bands will be available, however, any lost timing bands will incur a fee of \$100 for the chip and \$5 for the strap.



Forgetting or losing your race pack will result in a \$150 replacement fee (\$100 returned if you return the original pack).

2. Activate Timing Chip:

Before you leave the Registration Tent it is essential that you activate your timing chip details with BlueChip Timing by placing your chip over the timing pad located on the timing desk and checking your details, which will be displayed on a screen provided. If there is any issue with the chip or your details there will be timing personnel there to assist you.

If you do not start the race or pull out of the race for any reason you must return the Timing Chip to the Drop Out Clerk located at Bag Compound. Please make sure if you do hand in your chip you record your name on the lists provided.

3. Bike Check In:

SPRINT - SUNDAY 1 MAY 2022 BETWEEN 6AM AND 7AM ONLY.

ENTICER - SUNDAY 1 MAY 2022 BETWEEN 6AM AND 8AM ONLY.

Once registered, you are required to check your bike into transition for the race. Competitors are responsible for ensuring their bikes and helmets are in safe working order before presenting to transition to avoid rejection.



PRE-RACE INFORMATION

Technical Officials will carry out a cursory visual inspection of your bike. It is important to note this is a cursory inspection only and not a guarantee of safety. No bike will be accepted unless it passes the inspection.

Officials will be checking for such things as:

- End plugs on handle bars and profile bars
- Tyres in reasonable condition
- Brakes in working order
- Compliance with Triathlon Australia Race Competition Rules



All athletes will be allocated a bike position. There will be a separate transition for Sprint and Enticer. Positions are allocated in category order so you will be in a similar area to all other participants in your category. Participants must only rack in the designated pace for your race number. All accessories and/or event requirements should be removed from the bike until race morning.

Triathlon WA takes no responsibility for lost or misplaced accessories. Any lost property can be handed in, and will be available for collection from Athlete Services on Friday & Sunday and Bag Compound on Saturday. Transition will be secure and monitored from the start of bike check-in.

Helmet check will be on race morning. Please wear your helmet with your sticker on your way into Transition.

BIKE MECHANIC

A bike mechanic will be available for emergency repairs only at the following times:

- Friday 29 April- 10am - 7pm (Paid service)
- Sunday 1 May - 6:30am - 11am (Paid service)

This is a cash only service.

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2022 EVENT MERCHANDISE



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Merchandise online
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SCAN ME



RACE DAY INFORMATION

TRANSITION

Transition will be open pre-race for all athletes:

SPRINT - SUNDAY 1 MAY 2022 BETWEEN 6AM AND 7AM ONLY.

ENTICER - SUNDAY 1 MAY 2022 BETWEEN 6AM AND 8AM ONLY.

Helmets will be checked on race morning by Triathlon Australia Technical Officials. Please make sure that you have your helmet on and securely fastened as you approach the entrance to Transition. Please ensure you remove any bags from Transition and place them in the secure compound provided.

BAG DROP

No bags are to be left in Transition. A complimentary bag drop will be located in the Athlete Recovery Area. Participants can drop bags off between 6:00am and 7:00am for Sprint and until 8am for Enticer.

For COVID safety, participants will drop off and pick up their own bag, supervised by event volunteers and security staff. A numbered hanging system will be provided. Please follow the direction of volunteers and maintain social distancing. Please note, Triathlon WA accepts no responsibility for any loss or damage.

MEDICAL

Medical assistance will be available on the Course. Please ask for medical help if you have even the slightest hint you may need it. Please note - if you are transported by ambulance you could be required to meet costs involved unless you are covered by an appropriate fund. Any aid given by race medical personnel is permissible and will not lead to disqualification. However, if you receive any outside assistance you will be disqualified.

You will **not** be penalised for receiving medical evaluation on the Course. You will be withdrawn from the race only if you require transportation, IV fluids, or if medical personnel consider your continued participation presents a danger to the health or the welfare of you or others. Our medical team will have access to information you provided upon entering regarding any specific medical conditions.

COURSE MAPS

BUSSELTON FORESHORE TRIATHLON SPRINT DISTANCE



750M
SWIM



16KM
BIKE



4KM
RUN

BUSSELTON FORESHORE TRIATHLON ENTICER DISTANCE



200M
SWIM



8KM
BIKE



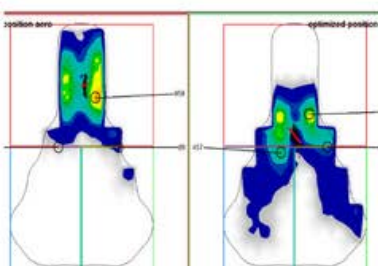
2KM
RUN

EVENT VILLAGE

THIS MAP IS NOT TO SCALE



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WAVE STARTS

There will be wave starts and a rolling start procedure in the swim to reduce congestion amongst swimmers and to minimise congestion on the bike course. All participants will be asked to know their start wave and time and make their way to the swim start compound on the beach.



SPRINT EVENT START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	MALES 14 – 39 YEARS	7:30	GREEN
2	MALES 40+	7:34	BLUE
3	ALL SPRINT TEAMS	7:36	YELLOW
4	FEMALES 35+	7:40	PURPLE
5	FEMALES 14–34	7:44	BLUE

ENTICER EVENT START TIMES

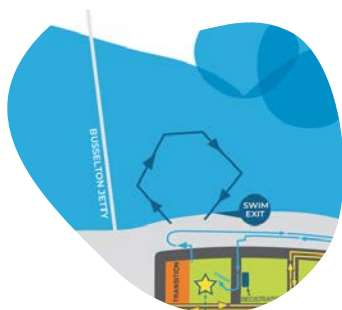
WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	FEMALES 14–19	8:50	PURPLE
2	FEMALES 20+	8:51	GREEN
3	ALL ENTICER TEAMS	8:52	YELLOW
4	ALL MALES	8:55	PURPLE

***TIMES ARE CURRENT AS AT 11 APRIL 2022 AND ARE SUBJECT TO CHANGE.**

SWIM COURSE DESCRIPTION

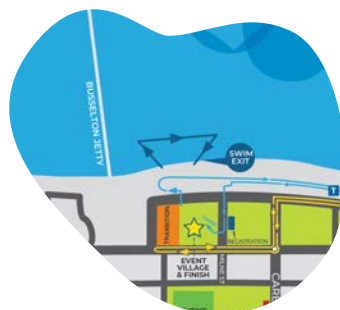
SPRINT - 750m

Athletes will complete 1 lap of the Sprint swim course



ENTICER - 200m

Athletes will complete 1 lap of the Enticer swim course



WETSUITS

The Triathlon Australia appointed Technical Delegate will take the water temperature 1 hour prior to race start. The expected water temp for May will be in the vicinity of 19 degrees Celsius, in which case wetsuits will be optional. Wetsuits must only be removed and left at your numbered bike rack.

- If the water temperature is **not** greater than 22°C, wetsuits are optional for **Age group ONLY**.
- Wetsuits are not permitted for Open Field if the water is above 20°C.
- If the combined air and water temperature are deemed dangerously low, the Race Director (in conjunction with water safety) can rule it a compulsory wetsuit swim. This has occurred in the past so it is advised that all athletes bring a wetsuit.

If a wetsuit is to be worn, then:

- The wetsuit must be tight to the body while swimming. If any part of the wetsuit can separate from the body in any phase of the stroke it is considered an artificial propulsion device and the wetsuit is banned.
- The wetsuit must not be thicker than 5mm and must comply with Triathlon Australia Rules. A standard variance will be allowed to account for seams and jersey material (non-buoyant). Speedo Tri Elite Full sleeved wetsuit is **banned**.
- A full wetsuit covering arms and legs is allowed. If a swimsuit or speed suit or trisuit is to be worn.
- The garment must be 100% textile material which generally refers to swimsuits made only from nylon or lycra that do not have any rubberised material such as polyurethane or neoprene.

SWIM COURSE RULES

- Athletes must wear the swim cap provided in their registration pack.
- No fins, aqua socks, gloves, paddles, snorkels or flotation devices of any kind are allowed.
- Swim goggles and facemasks may be worn.
- No individual paddlers or escorts allowed (exception Para athletes).
- Any assistance that results in forward progress being made may result in a disqualification.
- Athletes are permitted to hold on to water safety craft so long as no forward progress is made.
- Water safety and/or medical personnel reserve the right to remove an athlete from the course if deemed medically necessary.
- Athletes found not to have completed the entire swim course will be disqualified



BIKE COURSE DESCRIPTION

SPRINT - 16km

The ride is a three-lap bike course totalling 16km. The bike leg exits the transition area at the southern end, directly onto Marine Terrace before turning left onto Carey Street, followed by a right turn into Geographe Bay Road. Cyclists will then U-turn to head back down Geographe Bay Road with a left turn at Carey Street and then a right turn into Marine Terrace to the cycle U-turn at Brown Street roundabout to commence lap 2. At the end of lap 3 you will U-turn at the Brown Street roundabout then keep left and dismount before the dismount line.



ENTICER - 8km

The ride is a three-lap bike course totalling 8km. The bike leg exits the transition area at the southern end, directly onto Marine Terrace before turning left onto Carey Street, followed by a right turn into Geographe Bay Road. Cyclists will then U-turn to head back down Geographe Bay Road with a left turn at Carey Street and then a right turn into Marine Terrace to the cycle U-turn at Brown Street roundabout to commence lap 2. At the end of lap 3 you will U-turn at the Brown Street roundabout then keep left and dismount before the dismount line.



TRANSITION PROCEDURE BIKE- RUN (T2)

Ensure that you dismount before the dismount line and follow direction from the Officials and Volunteers.

- Return your bike to your allocated bike rack.
- Rack your bike before removing your helmet.
- Only discard your bike gear in your allocated area.
- You must not touch or otherwise interfere with another competitor's equipment in the transition area.
- No portable music players or communication devices to be taken on the run course.
- Your race number must also be worn on the run leg so please put this on prior to leaving transition.

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RUN COURSE DESCRIPTION

SPRINT - 4km

A one lap course. Exit from transition is via the northern side before turning left onto Geographe Bay Road and onto path. Head along the foreshore path for 2 km before making a U-turn back along Geographe Bay Road. Make a left turn onto Milne Street to head to the finish line.



ENTICER - 2km

A one lap course. Exit from transition is via the northern side before turning left onto Geographe Bay Road and onto path. Head along the foreshore path for 1 km before making a U-turn back along Geographe Bay Road. Make a left turn onto Milne Street to head to the finish line.





RUN COURSE RULES

If an athlete receives a penalty during the Run they may be required to serve a Stop-Start Penalty on the course with Technical Officials where the infringement occurred.

- No portable music devices, or electronic items of any kind, including phones.
- No form of locomotion other than running, walking is allowed.
- Crawling is not allowed
- Athletes must wear their race number bib on the front of their top or race belt and the number must be visible at all times.
- No individual support vehicles or non-participant runners are allowed. A non-participant escort runner includes supporters, coaches, athletes who have withdrawn or athletes who have finished the race.
- An athlete observed deliberately discarding equipment, bidons, cups or rubbish/trash on the course other than when entering or leaving an Aid Station will receive a red card.
- A shirt or racing top must be worn at all times.
- Shoes must be worn at all times.
- Athletes found not to have completed the entire course will be disqualified.

RUN AID STATIONS

- There will be one Aid Station on the east side of Marine Rescue at approx. 700m
- The Aid Station will be east of the Volunteer Sea Rescue building (heading west)

There will be water and KODA electrolyte available at the Aid Station.

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INSTRUCTIONS FOR THE TEAM EVENT

These instructions are to ensure that all team changeovers are **fair and safe**. Please note, due to COVID safety there will be no separate team changeover area this year. Team member changeovers will all take place at the team's designated bike rack position:

- All team Swimmers must be wearing a timing band on their **left** ankle. They will start in waves as instructed in the race briefing. They will swim 1 lap of the swim course and exit the water.
- The team Cyclist will wait for the Swimmer at their bike in transition. The Cyclist may have his / her helmet on whilst waiting.
- The team Swimmer will meet the Cyclist at their bike. Here they will take off their timing band and hand it to the team cyclist who must put it on their **left** ankle. Only after the timing band is attached may the team Cyclist get their bike and exit the Transition. They must not mount their bike until they pass the **Mount line** as instructed by officials .
- The team Cyclist will then ride 3 laps of the cycle course observing all race and road rules as outlined in this booklet.
- Meanwhile the team Runner must estimate the expected time of return of their Cyclist. Warm up outside Transition. When they think their Cyclist will be nearing the end of the cycle leg the team Runner may enter Transition, taking care not to impede other team members.
- At the end of the cycle course the team Cyclist must dismount their bike **before the dismount sign** and run their bike back to the rack and rack their bike. Only **after** they have racked their bike can they pass the timing band to the team Runner.
- The team Runner must put the timing band on their **left** ankle and the race number on the front. They must not leave transition until this is done.
- No mobile phones, other communication or music devices are allowed to be on your person at any time during the event.
- The team Runner will then complete the run course and pass through the finish chute at the end. Other team members are able to run down to the finish with the team Runner. Please wait to join your Runner at the top end of Milne Street.

Team Swimmers and Cyclists will leave the transition are fairly promptly to reduce crowding.

POINTS TO REMEMBER FOR TEAM MEMBERS:

- **Team Swimmer:** Timing band must be worn on left ankle
- **Team Cyclist:** Do not un-rack your bike until the timing band is on your left ankle. No cycling in Transition.
- **Team Runner:** The timing band must be on your left ankle and race number must be worn on your front. Please don't panic if your team member is taking longer than anticipated. In the event that your team member does not make the time cut off you will be re-chipped and allowed to do your part of the event. You will record a DNF on the results and not be considered for awards.

TAKE CARE AND HAVE A FUN RACE!

POST-RACE INFORMATION

RECOVERY AREA

As you cross the finish line you will notice changes for COVID safety. The athlete recovery area has been re-designed as a walk-through zone immediately after the finish line. Participants are required to collect (self-serve) finishers medal/merchandise and post event nutrition and continue to exit the athlete recovery area. Medical treatment will be available if required. If you do not require any medical treatment you will be able to proceed to the other finish compound facilities where recovery products will be served.

The following products will be available in the Recovery Area:

- Water
- KODA electrolyte
- Fruit

DNFs

If you have the misfortune of having to withdraw at any stage of the race you (or someone representing you, such as a relative or friend) must report to the drop out clerk that is located at the Bag Compound Area in the main tent and hand in the timing band. This ensures that the event officials are not searching for you.

BIKE COLLECTION

Athletes will be advised when bikes can be removed from Transition. This will occur once the last individual athlete is off the bike course for that particular event. No exceptions. This time is subject to change. You must be wearing your competitor band and your race bib number to remove any bike or equipment from Transition. Any person who removes their bike over the transition fence will face disqualification.

RESULTS

Results will be available on bluechipresults.com.au on race day and on the event website, busseltonfestivaloftriathlon.com.au by Monday morning.

PHOTOS

Official Photographer Finisher Pix will be at the finish line on race day. Try to remember in the finish chute the photographer will be there to capture your finish, so put on your best SMILE! Make sure your race number is properly displayed on your front. Photos will be available from finisherpix.com. Simply browse through the thumbnails and purchase any shots of yourself, friends and family.

LOST PROPERTY

You should identify all your personal gear and property. Mark it with your name and address if possible. If it is misplaced, it will most likely be handed in to race officials. Please note that the race organiser does not take responsibility for lost property. Any lost property handed in, will be available for collection from Bag Compound on Saturday, Athlete Services on Sunday or by calling 08 9443 9778 from Tuesday 3 May 2022. After 1 June 2022 any unclaimed lost property will be donated to charity.



ROAD CLOSURES

Wednesday 27 April to Tuesday 3 May 2022

The annual Busselton 100, as part of the SunSmart Busselton Festival of Triathlon, will take place in Busselton on Saturday 30 April 2022. The event will be staged once again on Barnard Park and will start at 7:30am adjacent to the Busselton Jetty. For competitors to participate in complete safety, there will be full and part road closures on the cycle and run course routes as shown as follows.

Residents and Business Owners

During all events, residents wishing to cross Guerin St should do so at Marine Tce. To cross Carey St, please do so at Adelaide St or Kent St which are managed crossings. Residents on Marine Tce (opposite Barnard Park) will be managed from their residence as required. For residents on Geographe Bay Rd, please exit with caution only in an easterly direction to your nearest corner as cyclists will be travelling west to east on this road. You will need to travel in the right lanes to do this, in the same direction as cyclists.

Whilst access to residences during the event is unrestricted, please only use the roads for emergency and necessary travel. When sharing roads with cyclists please exercise extreme caution. We also kindly ask that Layman Rd be used as little as possible between 6:00am and 4:00pm on Saturday 30 April 2022 and please follow instructions as directed by traffic managers and volunteer course marshals.

From 8:00am Wednesday 27 April to 5:00pm Tuesday 3 May 2022 for construction leading up to the event and bump out the following roads will be closed:

- Geographe Bay Road between Brown St and Carey
- Milne St & Brown St between Geographe Bay Rd & Marine Terrace
- Foreshore Parade between Brown St & Carpark

From 4:00pm to 6:30pm on Friday 29 April 2022 the following roads will be closed for the Busselton Fun Run:

- Carey St (Marine Tce to Geographe Bay Rd)
- Georgette St (Marine Tce to Geographe Bay Rd)
- Geographe Bay Rd (Brown St to Ford Rd)





BUSSELTON FESTIVAL OF TRIATHLON

From 5:30am to 2pm on Saturday 30 April 2022 the following roads will be closed for the Busselton 100:

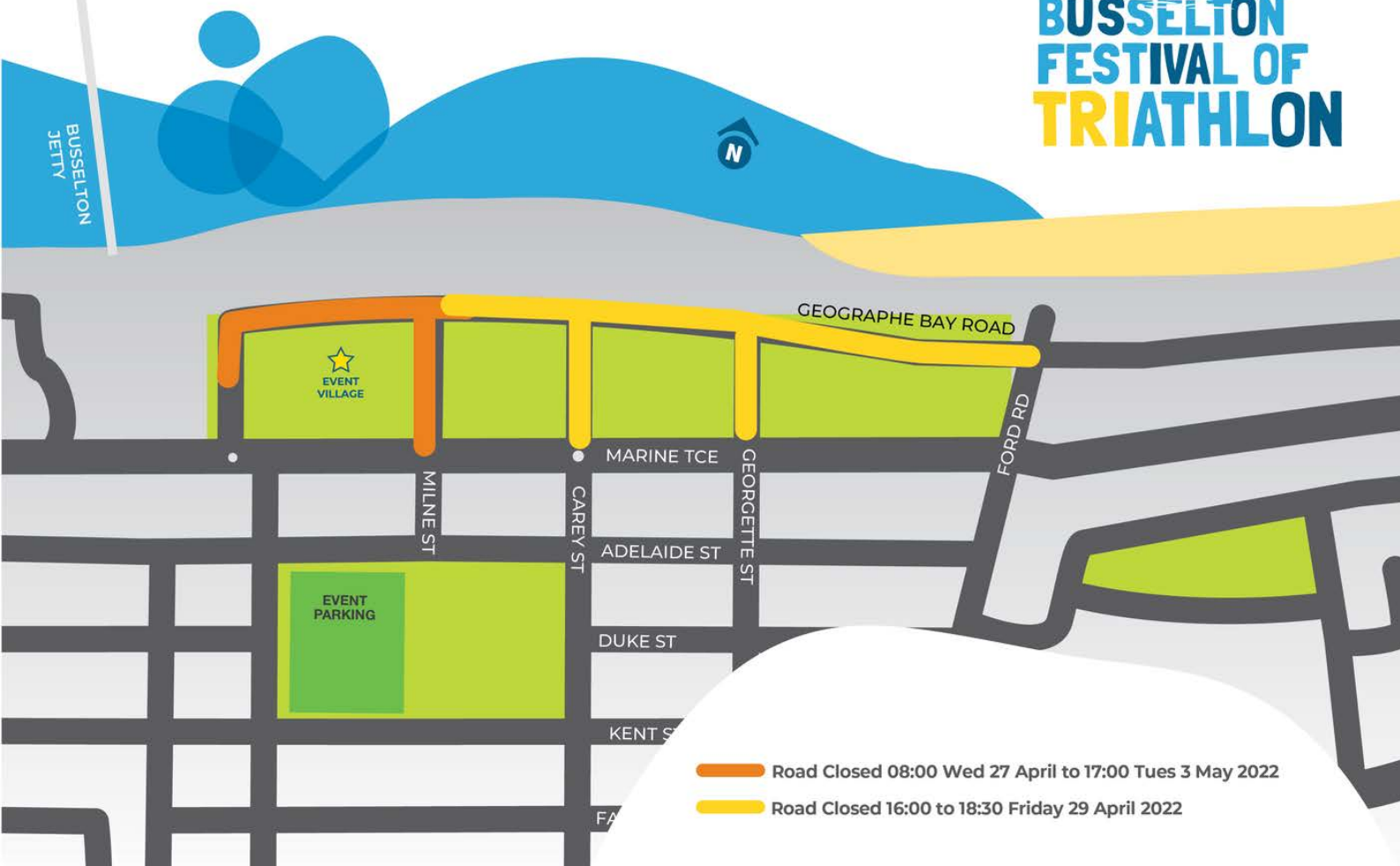
- Foreshore Pr (Carpark to Brown St)
- Geographe Bay Road (Brown St to Guerin St) *Until 4.30pm
- Brown St (Adelaide St to Geographe Bay Rd)
- Milne St (Marine Tce to Adelaide St)
- Marine Tce (Brown St to Carey St)
- Georgette St (Marine Tce to Geographe Bay Rd)
- Carey St (Peel to Geographe Bay Rd)
- Peel St (Carey Rd to Ford Rd)
- Ford Road (Marine Tce to Geographe Bay Rd)
- Layman Rd (Ford Rd to Armitage Dve)
- Navigation Rd (Armitage Dve to Guerin St)
- Tuart Dr (Layman Rd to Bussell hyw)
- Guerin St (Navigation Rd to Geographe Bay Rd)
- Armitage Dve (Layman Rd to Marine Tce)
- Layman Rd (Armitage Dve to Tuart Dr)



From 6:30am to 1:00pm on Sunday 1 May 2022 the following roads will be closed for the Foreshore and Kids Triathlons:

- Foreshore Pr (Carpark to Brown St)
- Brown St (Adelaide St to Geographe Bay Rd)
- Geographe Bay Rd (Brown St to Georgette St)
- Geographe Bay Rd (Ford Rd to Guerin St) *Until 9:00am
- Georgette St (Marine Tce to Geographe Bay Rd)
- Milne St (Adelaide St to Marine Tce)
- Carey St (Adelaide St to Geographe Bay Rd)
- Marine Tce (Brown St to Georgette St)

ROAD CLOSURES FRIDAY 29 APRIL 2022



ROAD CLOSURES SATURDAY 30 APRIL 2022



ROAD CLOSURES SATURDAY 30 APRIL 2022



ROAD CLOSURES SUNDAY 01 MAY 2022





RACE DAY PARKING

Please do not park on the verge around Marine Terrace. Parking inspectors will be out and about and you will get a ticket.

Busselton Foreshore & City Managed parking for Friday, Saturday and Sunday can be found on the next page. Please be mindful of road closures.



Parking Limit

- All Day
- 3 Hours
- 2 Hours
- 1 Hour
- 1/2 Hour
- 1/4 Hour

- No Parking
- No Stopping

- Toilet
- Caravan Parking
- Bike Rack



0 100 200 300 400 500 m



Busselton Foreshore and City Centre Parking (City Managed)



BUSSELTON FESTIVAL OF TRIATHLON

SPECTATOR INFORMATION


Please adhere to our COVID Safety Plan and physical distance from other spectators and participants. Hi-5s are not encouraged.



INFORMATION DESK

The information desk will be located in the Pavilion and open on Friday 29 April from 10am-7pm

DO NOT BIKE, DRIVE OR RUN BESIDE AN ATHLETE ON ANY PART OF THE COURSE. THIS IS OUTSIDE ASSISTANCE AND CAN LEAD TO DISQUALIFICATION OF THAT ATHLETE.
DO NOT RUN DOWN THE FINISH CHUTE WITH YOUR ATHLETE. THE ATHLETE WILL BE DISQUALIFIED IF ANY SPECTATOR, FRIENDS OR FAMILY ENTER THE CHUTE WITH THEM.

A man in a dark hoodie is standing at the front of a room, gesturing towards a large screen. The screen displays the text 'What are the signs and symptoms of someone going through a mental health challenge?'. The room is filled with people sitting at tables, facing the presenter. The background is a mix of red and white panels.

What are the signs and
symptoms of someone going
through a mental health
challenge?



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BUSSELTON FESTIVAL OF TRIATHLON

COVID PLAN

Triathlon WA are complying with all current WA Government restrictions and the safety of all athletes, volunteers, staff, spectators and contractors is of the utmost importance.

Current Level 1 WA Government restrictions require 2sqm per person at all times and the use of a mask in any indoor spaces. Barnard Park has approximately 27,000m² of useable event space. This area will be delineated into athlete only and spectator zones. Signage will be positioned around the event site to encourage social distancing where possible.

REGISTRATION / PACK COLLECTION

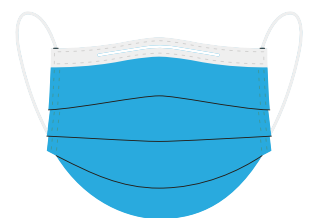
Extended hours are provided for race pack collection to minimise crowds. **Masks are mandatory indoors.**

Pack collection will be available in Perth at Sport HQ, 203 Underwood Ave, Floreat 6014 on:

- Thursday 21 April 8am to 7pm

Or the Pavilion at Barnard Park East on:

- Thursday 28 April 2pm to 5pm
- Friday 29 April 10am to 7pm
- Sunday 1 May 6am - 9:30am for Sunday Festival events

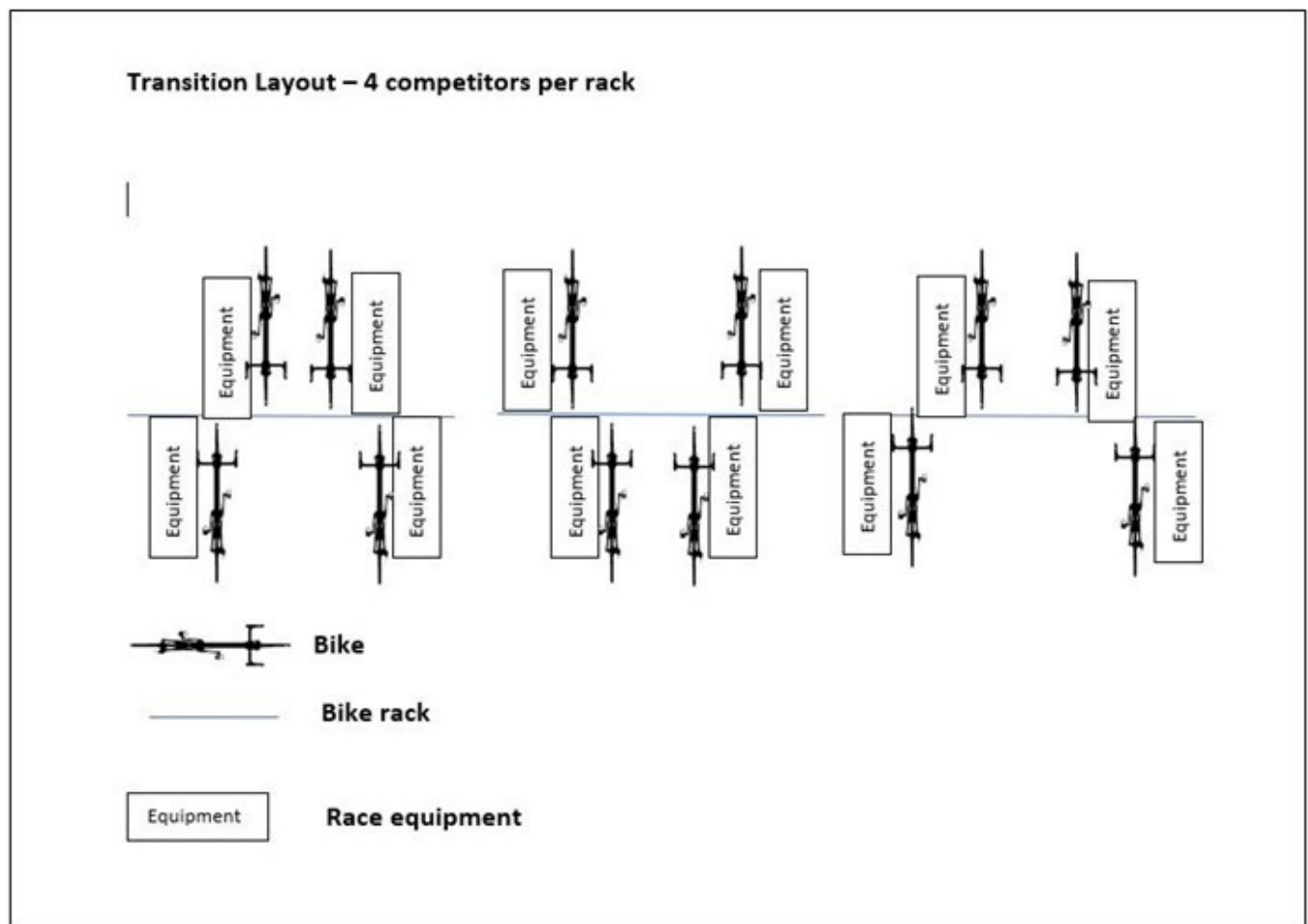


COVID PLAN

TRANSITION

There will be no separate team changeover area. Team member changeover will be at the designated bike rack position. Bike allocation will be spaced 1.5m apart, with four bikes per rack.

For all competitors, collection of bikes will be permitted immediately following the last rider completing T2 or at bike course cut off time. Ingress/egress into transition will be via two access points. Access to Transition will be managed by event security to ensure a maximum number at any one time.



COVID PLAN

BAG DROP

Participants will drop off and pick up their bags themselves, supervised by event volunteers and security staff, with a walk-through flow.

SWIM START

Age group waves will queue in six hutes and start in a rolling wave start process – six athletes at a time, starting five seconds apart.

AID STATIONS

Aid stations will be stocked with appropriate PPE and volunteers will clean and sanitise regularly. Aid stations tables will be spaced further apart than normal and will operate as self-serve (except for the bike course).

ATHLETE RECOVERY

Post-event nutrition will include cups of water, Cola and KODA spaced for individual pick-up, and individually packaged nutrition.

Athlete recovery will be a walk-through zone immediately after the finish line. Participants are required to collect (self-serve) event nutrition and continue to exit the athlete recovery area.

Medical services will be conducted as per usual, with additional space provided. Cleaning frequency of high touch point positions such as tables will be rotated throughout the day.

COVID PLAN

COMPETITOR ETIQUETTE

Competitors will be actively discouraged from participating on event day if they have any fever, dry cough or shortness of breath.

The following participant etiquette is expected:

- Use your bike as a distancing guide to stay 1.5m from other participants.
- Wait until the path is wide enough prior to overtaking.
- No sharing of personal gear or equipment, particularly water bottles.
- No hugging, kissing or handshaking.



Participants are asked not to spit, blow their nose, or expel bodily fluids whilst on course.

STAFF AND VOLUNTEERS

All staff and volunteers will be inducted on hygiene and sanitation procedures at the event and asked to complete basic training. A number of COVID Safety Officers will manage and oversee the delivery of this COVID Safety Plan on event day. Staff and volunteers will be provided with appropriate PPE for their roles on event day and reminded to replace PPE regularly.

FOOD AND BEVERAGE OUTLETS

Food and beverage outlets will be appropriately spaced around the event site and will be required to have their own COVID Safety Plans and hygiene training.

AMENITIES

Portable toilets will be placed with greater distance between each. No showers or change facilities will be provided at the event site. Hand sanitiser and/or hand washing stations will be provided around the event site.

PARTNERS

THANK YOU TO OUR VALUED SPONSORS, WITHOUT WHOM THE EVENT WOULD NOT BE POSSIBLE!



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Local Government, Sport
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