

# SPRINT EVENT START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	MALES 14 – 39 YEARS	7:30	GREEN
2	MALES 40+	7:34	BLUE
3	ALL SPRINT TEAMS	7:36	YELLOW
4	FEMALES 35+	7:40	PURPLE
5	FEMALES 14–34	7:44	BLUE

# ENTICER EVENT START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	FEMALES 14–19	8:50	PURPLE
2	FEMALES 20+	8:51	GREEN
3	ALL ENTICER TEAMS	8:52	YELLOW
4	ALL MALES	8:55	PURPLE

**\*TIMES ARE CURRENT AS AT 11 APRIL 2022 AND ARE SUBJECT TO CHANGE.**