



WAVE START TIMES

WAVE NUMBER	CATEGORY	START TIME	CAP COLOUR
1	PARA ATHLETES	7:30	RED
2	MALE OPEN	7:35	BLUE
3	FEMALE OPEN	7:40	GREEN
4	MALE 18-24 & MALE 45-49	7:45	SILVER
5	FEMALE 45+	7:48	PURPLE
6	MALE 35-39	7:52	YELLOW
7	FEMALE 18-34	7:55	GREEN
8	MALE 55+	8:00	PINK
9	FEMALE 35-44	8:04	SILVER
10	MALE 50-54	8:08	BLUE
11	MALE 25-29	8:11	RED
12	MALE 40-44	8:15	PURPLE
13	MALE 30-34	8:18	YELLOW
14	AQUABIKE	8:25	BLUE
15	FEMALE TEAMS & MIXED TEAMS	8:35	FEMALE TEAMS - PINK MIXED TEAMS - RED
16	MALE TEAMS	8:40	YELLOW

TRIATHLON WA LONG COURSE LEGENDS WILL BE PROVIDED GOLD SWIM CAPS.

***TIMES ARE CURRENT AS AT 19 APRIL 2022 AND ARE SUBJECT TO CHANGE.**